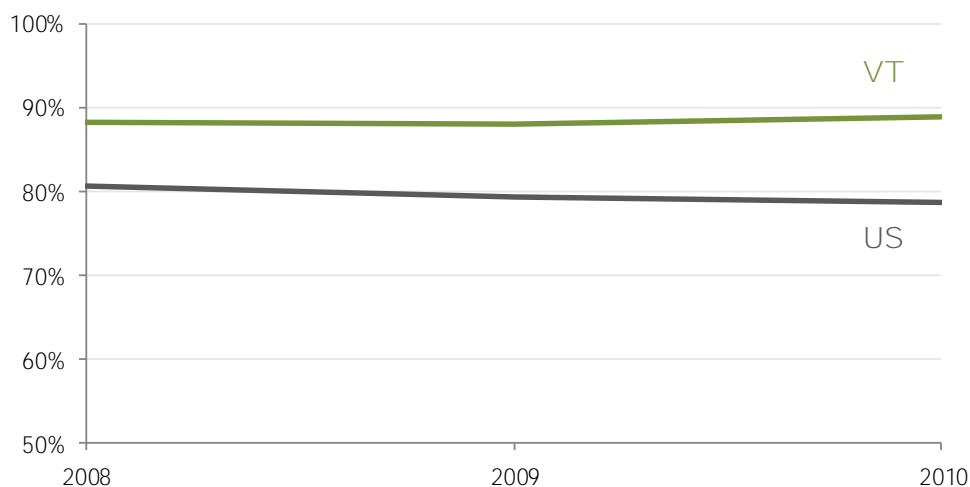


% of Adults with Health Insurance

“Do you have health insurance?” Almost nine out of every ten adults in Vermont have some form of health insurance. This is higher than the rate in the US on average and placed Vermont in the best performing quarter of states in 2010.

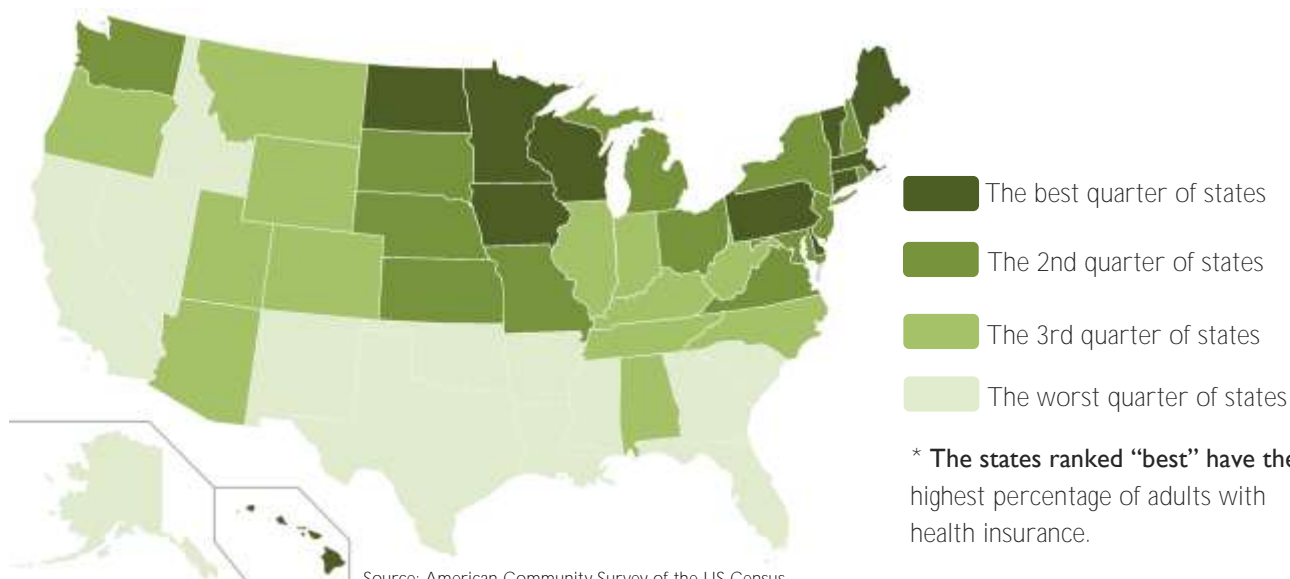
- The percentage of adults with health insurance in Vermont has remained constant since 2008.

- Our rate is higher than the average US rate. In contrast to Vermont, the overall national rate has declined.



	2008	2009	2010
Vermont %	88.3	88.0	88.9
US %	80.7	79.4	78.7

Source: American Community Survey of the US Census. One year estimate.



Source: American Community Survey of the US Census.

% of Adults with Health Insurance

Best to Worst

Massachusetts	93.8%	New Hampshire	84.5%	Illinois	80.2%	South Carolina	75.7%
District of Columbia	90.2%	Maryland	84.5%	Utah	80.1%	Idaho	75.3%
Hawaii	89.0%	Nebraska	83.6%	Indiana	79.9%	Alaska	74.9%
Vermont	88.3%	New York	83.4%	Wyoming	79.6%	California	74.6%
Minnesota	88.2%	Rhode Island	83.2%	Tennessee	79.3%	Arkansas	74.2%
Wisconsin	87.0%	South Dakota	83.1%	Colorado	79.3%	Mississippi	74.0%
North Dakota	86.9%	Ohio	82.6%	Alabama	78.9%	Louisiana	74.0%
Connecticut	86.9%	Virginia	82.2%	West Virginia	78.4%	Oklahoma	73.5%
Iowa	86.5%	Michigan	81.9%	Kentucky	78.1%	Georgia	73.1%
Delaware	86.5%	New Jersey	81.7%	Arizona	77.7%	New Mexico	72.5%
Pennsylvania	85.7%	Missouri	81.4%	Montana	76.9%	Nevada	71.4%
Maine	85.4%	Kansas	80.9%	North Carolina	76.4%	Florida	70.1%
		Washington	80.3%	Oregon	76.3%	Texas	68.6%

Vermont:



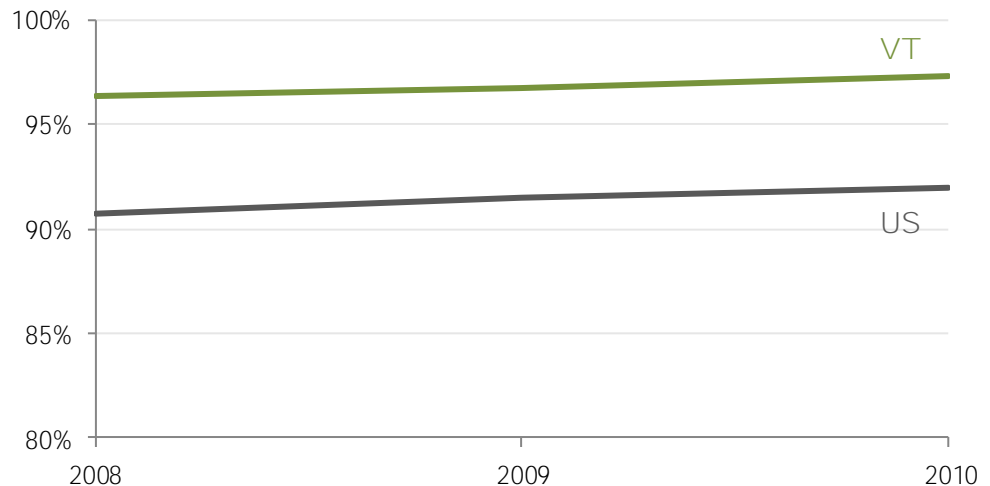
Additional Resources:

- American Community Survey of the US Census: <http://www.census.gov/acs/www/>
- Vermont Department of Financial Regulation: <http://www.dfr.vermont.gov/insurance/health-insurance/vermont-household-health-insurance-survey-vhhis>

% of Kids with Health Insurance

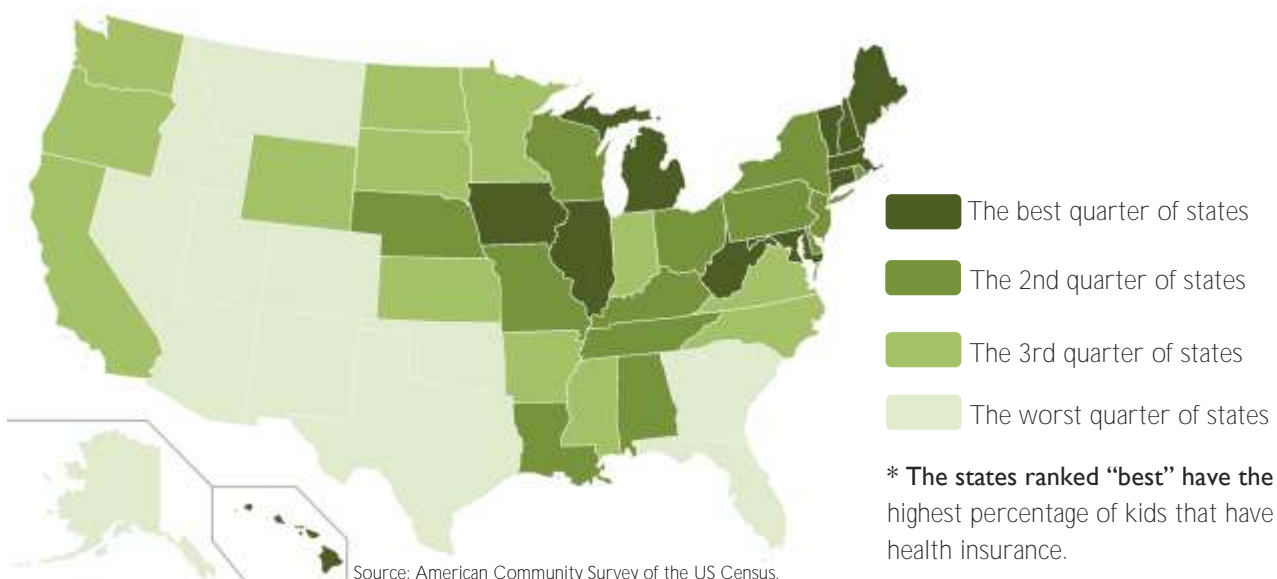
In 2010, 97% of children under 18 had health insurance in Vermont, compared to an average US rate of 92%. This placed Vermont in the best quarter of states for children with health insurance.

- The percentage of children who have health insurance has increased in Vermont.
- Our rate is slightly higher than the average US rate and going up at about the same rate.



	2008	2009	2010
Vermont %	96	97	97
US %	91	92	92

Source: American Community Survey of the US Census. One year estimate.



% of Kids with Health Insurance

Best to Worst

Massachusetts	98.5%	New York	95.2%	Washington	93.6%	South Carolina	90.6%
Vermont	98.0%	Wisconsin	95.0%	North Dakota	93.5%	Georgia	90.2%
District of Columbia	97.7%	Pennsylvania	94.8%	Arkansas	93.4%	Oklahoma	90.0%
Connecticut	97.0%	Tennessee	94.7%	Virginia	93.4%	Colorado	89.9%
Hawaii	96.3%	Delaware	94.7%	Minnesota	93.4%	New Mexico	89.8%
Maine	96.0%	Louisiana	94.5%	North Carolina	92.3%	Idaho	89.5%
Iowa	96.0%	Rhode Island	94.4%	Wyoming	92.1%	Utah	89.1%
Michigan	95.9%	Nebraska	94.4%	Kansas	91.8%	Alaska	87.8%
Illinois	95.5%	Alabama	94.1%	South Dakota	91.7%	Montana	87.6%
West Virginia	95.5%	Ohio	94.0%	Mississippi	91.6%	Florida	87.3%
Maryland	95.2%	New Jersey	94.0%	Oregon	91.2%	Arizona	87.2%
New Hampshire	95.2%	Kentucky	94.0%	Indiana	91.1%	Texas	85.5%
		Missouri	93.8%	California	91.0%	Nevada	82.6%

Vermont:



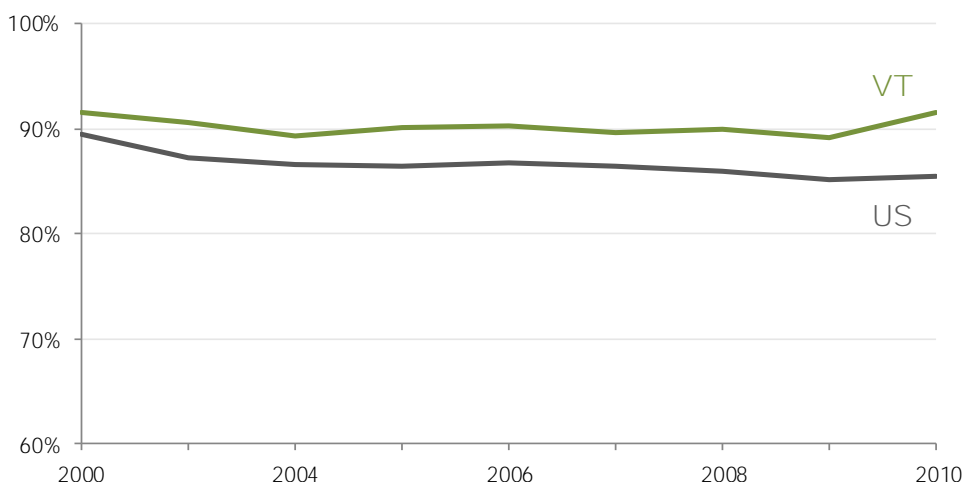
Additional Resources:

- American Community Survey of the US Census: <http://www.census.gov/acs/www/>
- Vermont Department of Financial Regulation: <http://www.dfr.vermont.gov/insurance/health-insurance/vermont-household-health-insurance-survey-vhhis>

% of Adults who can Afford to Visit a Doctor

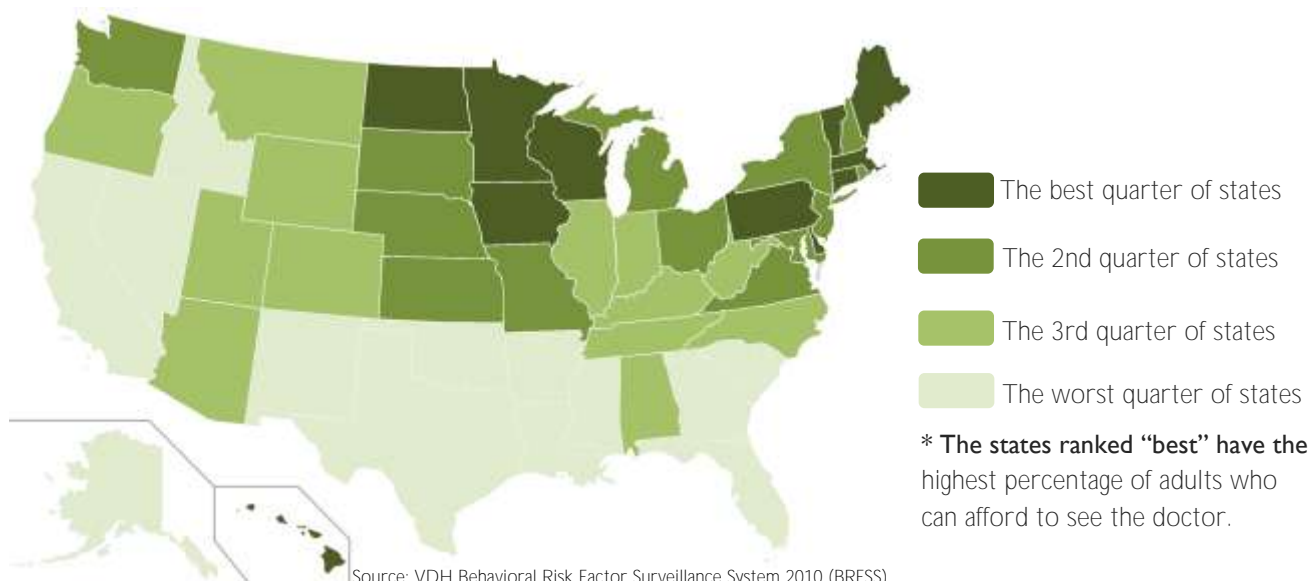
“Was there a time in the past 12 months when you needed to see a doctor but couldn’t because of the cost?” Although Vermont performs well on this measure and was in the top quarter of states in 2010, our results show that about 8% of Vermonters—that’s almost 1 out of every 10—were unable to go to the doctor when ill because of how much it costs.

- The percentage of adults who can afford the doctor has remained stable in recent years.
- Our rate is slightly better than the rest of the US, where 15% of adults have a cost barrier to visiting a doctor.



	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Vermont %	91.5	—	—	90.6	89.2	90.1	90.2	89.6	89.9	89.1	91.5
US %	89.5	—	—	87.2	86.6	86.5	86.7	86.5	85.9	85.2	85.4

Source: VDH Behavioral Risk Factor Surveillance System 2010 (BRFSS)



% of Adults who can Afford to Visit a Doctor

Best to Worst

North Dakota	93.5%	Arizona	89.2%	Virginia	86.9%	New Mexico	83.3%
Massachusetts	93.3%	Kansas	88.9%	Missouri	86.7%	South Carolina	83.3%
Hawaii	92.5%	New Hampshire	88.9%	Montana	86.6%	Alabama	83.3%
Iowa	92.3%	Pennsylvania	88.8%	Ohio	86.4%	California	82.9%
South Dakota	91.7%	Wyoming	88.5%	Michigan	85.9%	Kentucky	82.8%
Vermont	91.5%	Delaware	88.3%	Utah	85.8%	Florida	82.8%
District of Columbia	91.1%	Maryland	88.0%	Colorado	85.4%	North Carolina	82.5%
Minnesota	90.9%	New York	87.9%	Indiana	84.6%	Tennessee	82.3%
Connecticut	90.4%	Alaska	87.8%	Oregon	84.5%	West Virginia	82.3%
Wisconsin	90.0%	Rhode Island	87.7%	Arkansas	83.9%	Oklahoma	82.2%
Maine	89.6%	Illinois	87.1%	Idaho	83.7%	Texas	81.3%
Nebraska	89.5%	Washington	87.0%	Georgia	83.5%	Louisiana	81.1%
		New Jersey	86.9%	Nevada	83.3%	Mississippi	79.2%

Vermont:



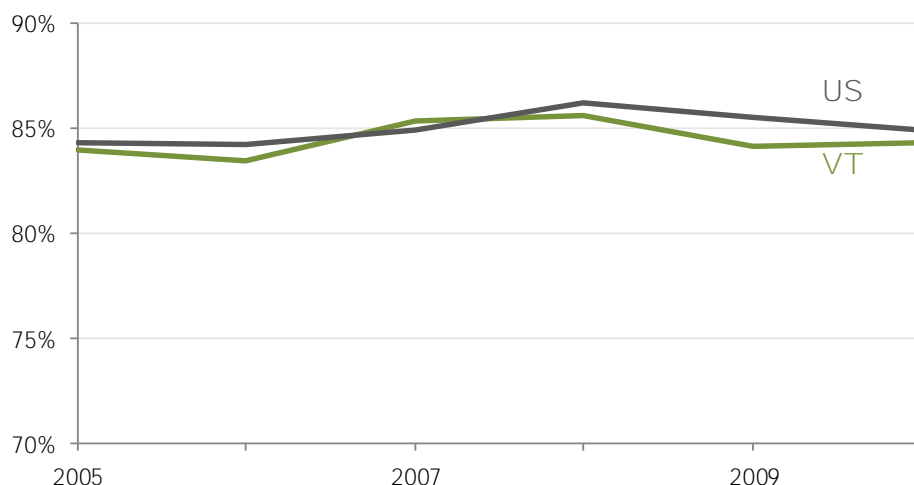
Additional Resources:

- U.S. Preventive Services Task Force: <http://www.ahrq.gov/clinic/uspstfix.htm>

% of At Risk 50+ Adults With Routine Checkups

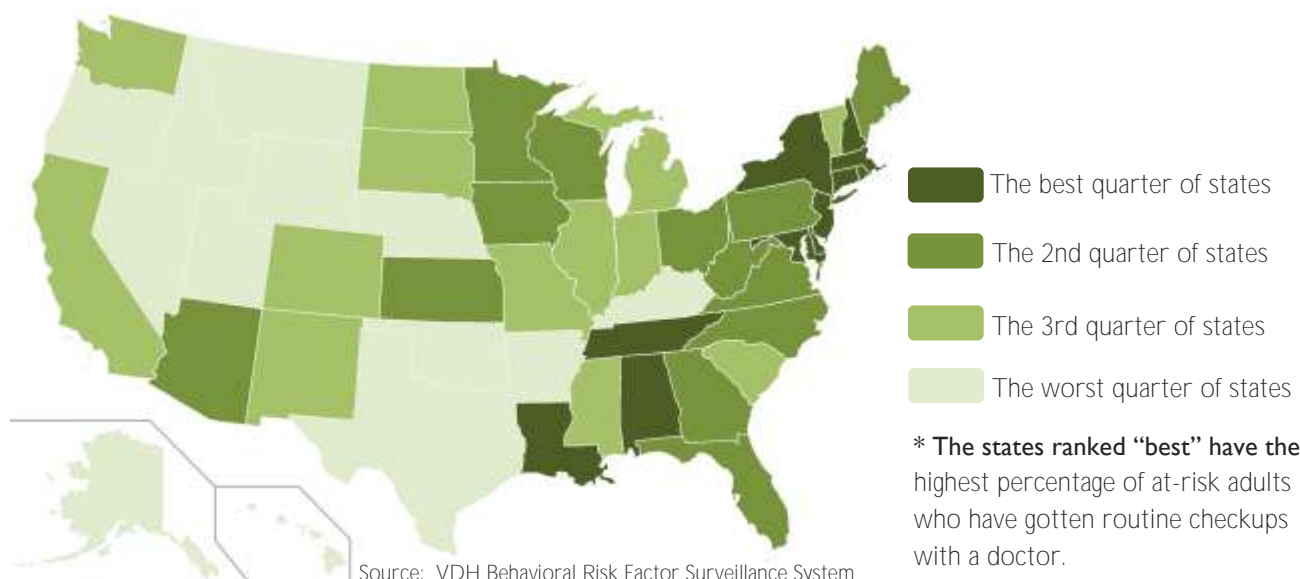
Vermonters who are older than 50, are in poor health or have a serious chronic medical condition are considered at-risk. They were asked, “About how long has it been since you last visited a doctor for a routine checkup?” Regular check-ups for people “at-risk” help them stay healthier and prevent the need for more expensive medical care later. This measure looks at the rate of at-risk adults who have visited a doctor in the past two years. In 2010, Vermont did not perform well in this measure and is in the 3rd quarter of states.

- The percentage of at-risk adults who have routine checkups has remained relatively the same over the past decade.
- Our rate is similar to the overall US rate.



	2005	2006	2007	2008	2009	2010
Vermont %	83.9	83.5	85.3	85.6	84.1	84.3
US %	84.3	84.2	84.9	86.2	85.5	84.9

Source: VDH Behavioral Risk Factor Surveillance System 2010 (BRFSS)



% of At Risk 50+ Adults With Routine Checkups

Best to Worst

Massachusetts	93.2%	Iowa	87.8%	Michigan	84.8%	Nevada	80.2%
Rhode Island	92.1%	Georgia	87.7%	Vermont	84.3%	Hawaii	79.5%
District of Columbia	91.7%	Virginia	87.6%	Illinois	83.9%	Texas	79.4%
Delaware	91.2%	Minnesota	87.5%	North Dakota	83.7%	Nebraska	79.3%
Maryland	91.0%	West Virginia	87.2%	California	83.1%	Utah	78.8%
New Jersey	90.3%	Maine	86.9%	South Dakota	83.1%	Kentucky	78.8%
Connecticut	90.1%	North Carolina	86.9%	South Carolina	83.0%	Arkansas	78.6%
New York	89.8%	Wisconsin	86.5%	New Mexico	82.1%	Alaska	78.4%
Tennessee	89.7%	Pennsylvania	86.4%	Indiana	81.7%	Montana	76.1%
Louisiana	88.7%	Ohio	85.8%	Mississippi	81.5%	Wyoming	75.6%
New Hampshire	88.4%	Kansas	85.6%	Missouri	81.1%	Oklahoma	75.6%
Alabama	88.0%	Florida	85.6%	Washington	80.8%	Idaho	75.3%
		Arizona	84.9%	Colorado	80.6%	Oregon	75.0%

Vermont:



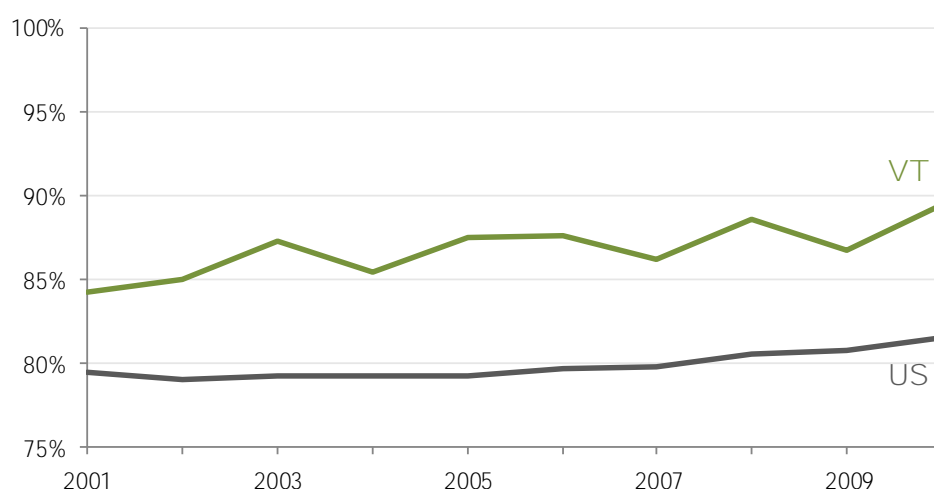
Additional Resources:

- Improving Chronic Illness Care: <http://www.improvingchroniccare.org/>
- U.S. Preventive Services Task Force: <http://www.ahrq.gov/clinic/uspstfix.htm>
- Patient Centered Primary Care Collaborative: www.pcpcc.net/
- Agency for Health Care Research and Quality: http://www.pcmh.ahrq.gov/portal/server.pt/community/pcmh_home/1483

% of Adults with a Usual Source of Care

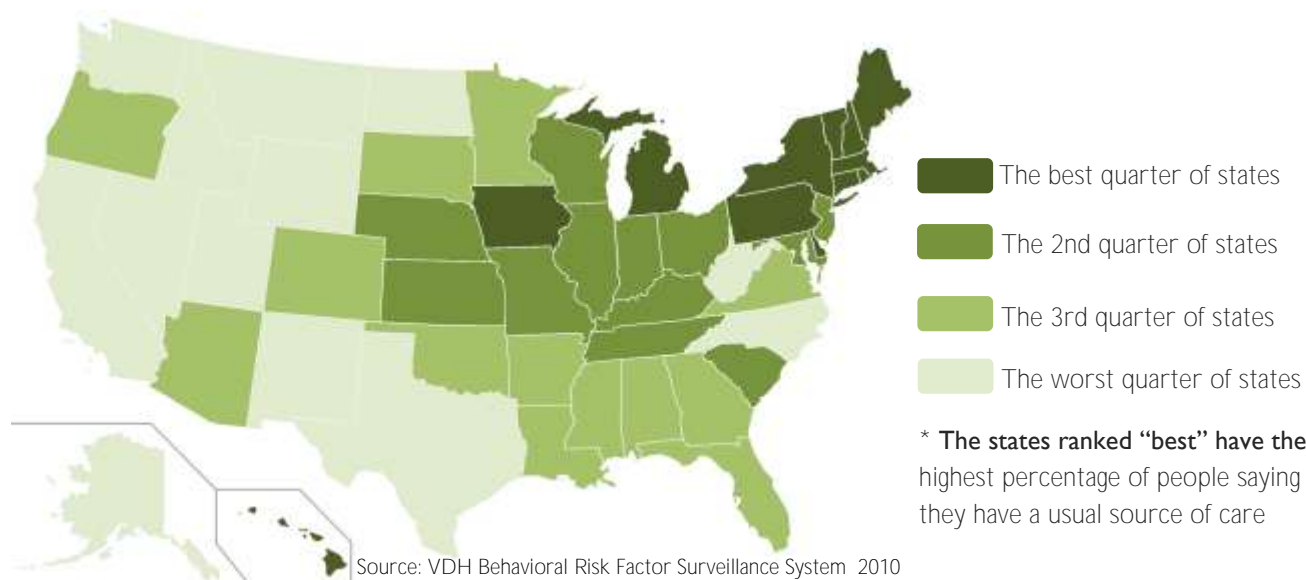
“Do you have one person you think of as your personal doctor or health care provider?” Having a medical home can help maintain and improve your health. A usual source of care provides continuity, consistency and safety. In 2010, almost nine out of every ten Vermonters answered “yes” to this question which was higher than the average US rate of eight out of ten. Since 2001 this rate has increased in Vermont and the US.

- The percentage of adults with a usual source of medical care has risen.
- Our rate is higher than the overall US and both are increasing.



	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Vermont %	84.2	85.1	87.3	85.5	87.5	87.6	86.2	88.6	86.7	89.5
US %	79.5	79.0	79.3	79.3	79.3	79.7	79.8	80.6	80.7	81.5

Source: VDH Behavioral Risk Factor Surveillance System 2010



% of Adults with a Usual Source of Care

Best to Worst

Massachusetts	91.2%	D. of Columbia	86.2%	Arkansas	83.0%	Washington	78.1%
New Hampshire	89.9%	New Jersey	86.0%	Alabama	82.7%	North Carolina	77.9%
Vermont	89.5%	Ohio	85.8%	Arizona	82.7%	North Dakota	77.3%
Delaware	89.1%	Kansas	85.5%	Georgia	82.4%	Utah	77.2%
Pennsylvania	88.8%	Wisconsin	85.4%	Florida	81.4%	New Mexico	76.6%
Rhode Island	88.6%	Nebraska	85.3%	Virginia	80.9%	Texas	76.3%
Connecticut	88.2%	Illinois	85.1%	Colorado	80.7%	West Virginia	75.8%
Maine	88.1%	Maryland	84.9%	Oregon	80.6%	Idaho	75.5%
Michigan	87.3%	South Carolina	83.7%	South Dakota	79.8%	Wyoming	74.9%
Hawaii	86.4%	Missouri	83.6%	Mississippi	79.6%	Montana	73.4%
Iowa	86.3%	Indiana	83.4%	Oklahoma	78.6%	California	72.5%
New York	86.2%	Tennessee	83.3%	Minnesota	78.3%	Alaska	71.4%
		Kentucky	83.1%	Louisiana	78.2%	Nevada	70.7%

Vermont: 

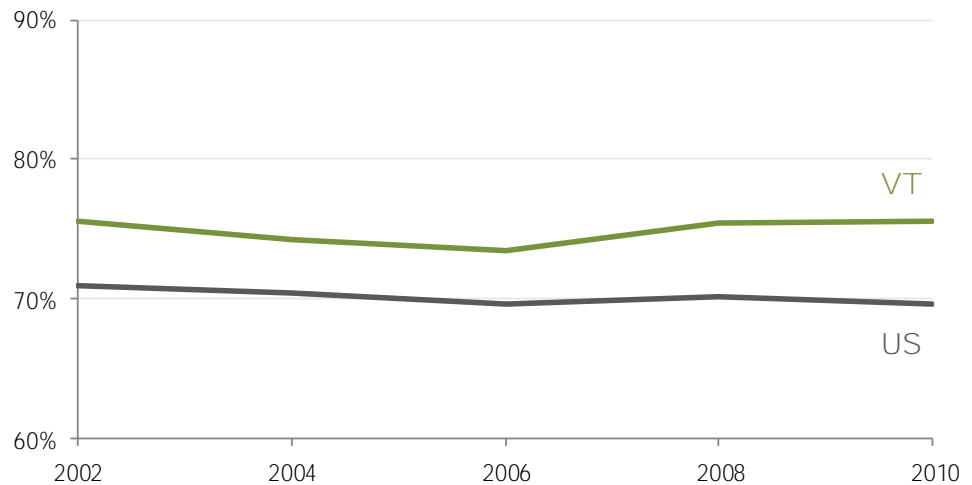
Additional Resources:

- Improving Chronic Illness Care: <http://www.improvingchroniccare.org/>
- Patient Centered Primary Care Collaborative: www.pcpcc.net/
- Agency for Health Care Research and Quality: <http://www.pcmh.ahrq.gov/portal/server.pt/>
- U.S. Preventive Services Task Force: <http://www.ahrq.gov/clinic/uspstfix.htm>

% of Adults Who Saw a Dentist

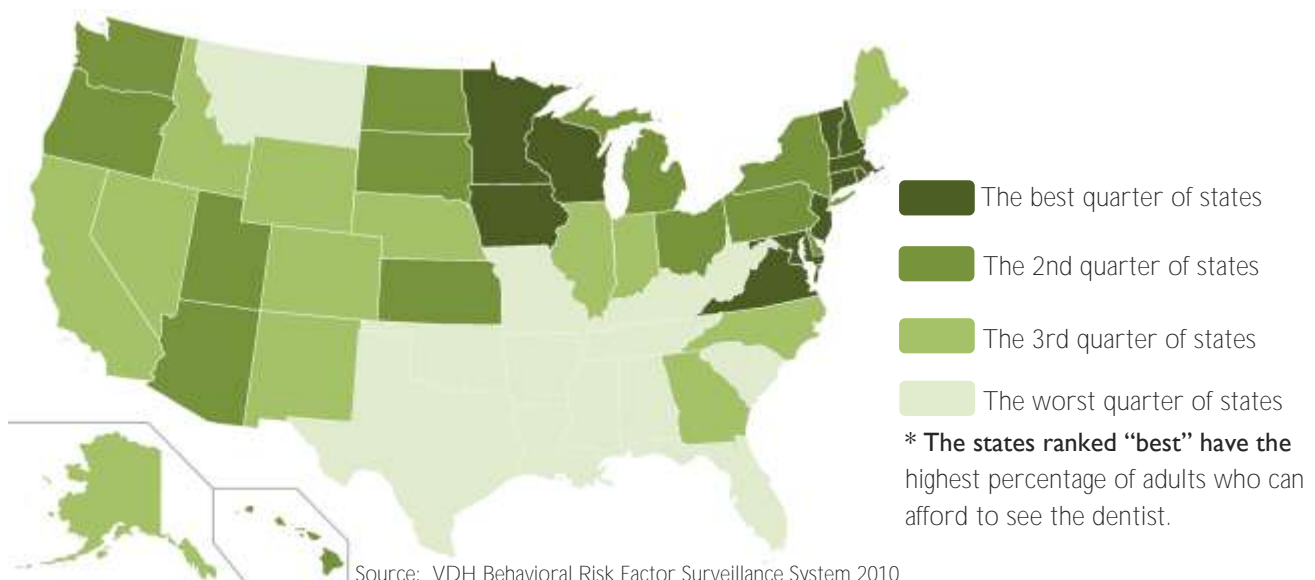
“How long has it been since you last visited a dentist or had your teeth cleaned by a dental hygienist?” Access to dental care is closely tied to income in the US. Over 40% of poor adults had at least one untreated decayed tooth compared to 16% of those with incomes higher than the poverty level. For every adult 19 years or older without medical insurance there are three without dental insurance. In 2010, Vermont ranked among the best states for people who go to the dentist.

- The percentage of adults who have seen a dentist in the past year is remaining stable.
- Our rate is higher than the overall US rate.



	2002	2004	2006	2008	2010
Vermont %	75.5	74.2	73.4	75.5	75.6
US %	71.0	70.4	69.6	70.2	69.7

Source: VDH Behavioral Risk Factor Surveillance System 2010



% of Adults Who Saw a Dentist

Best to Worst

Massachusetts	81.6%	Utah	74.2%	Georgia	70.1%	Florida	66.4%
Connecticut	81.5%	Delaware	74.2%	Illinois	69.7%	Tennessee	66.2%
Minnesota	78.8%	South Dakota	73.6%	California	69.6%	Alabama	64.5%
Virginia	78.4%	Kansas	72.9%	Nebraska	69.5%	Missouri	64.2%
Rhode Island	78.1%	North Dakota	72.6%	Alaska	69.3%	Louisiana	63.9%
New Hampshire	76.7%	Michigan	72.5%	Idaho	69.2%	South Carolina	63.4%
New Jersey	76.0%	Hawaii	72.5%	Wyoming	69.0%	Kentucky	63.1%
Iowa	75.9%	New York	72.4%	Indiana	68.8%	Texas	61.5%
Vermont	75.6%	Pennsylvania	72.3%	Maine	68.7%	Arkansas	61.1%
Maryland	75.4%	Washington	72.0%	North Carolina	68.3%	Montana	61.0%
District of Columbia	75.3%	Ohio	71.5%	Colorado	68.0%	West Virginia	60.4%
Wisconsin	75.0%	Oregon	70.4%	Nevada	67.2%	Mississippi	58.1%
		Arizona	70.1%	New Mexico	67.1%	Oklahoma	57.2%

Vermont:



Additional Resources:

- Centers for Disease Control and Prevention – Division of Oral Health:
<http://www.cdc.gov/oralhealth>
- VT Department of Health Office of Oral Health: <http://healthvermont.gov/family/dental/services.aspx>